



Picture Day!

January 26th.

Jessica Newton will be

taking professional photographs on Jan. 26th. at First Friends. Please don't miss out on this great opportunity. You will receive a free digital copy of your pictures with the opportunity to buy prints, if desired. An appointment sign up sheet is in the Fellowship Hall or contact the office.

**Monthly Meeting
Sunday, Jan. 26th.
Rise of Worship**



2020 First Friends Meeting Directories are available on the table by the mailboxes



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Jan. 19th. The Benefit of Doubt (Faith) John 20:24-25

Jan. 26th. The Divine Dance (Trinity) John 14:15-20, Colossians 1:15-20, 2 Peter 1:4

February 2 Jesus the Christ (Jesus) Hebrews 1:1-3, Colossians 1:15-20, John 1

Feb. 9 The Spirit, John 16:13-15

Feb. 16th. Vampire Christians (Salvation and the Cross) John 10:7-10



Please let Jon or Jim Crew know if you can help out in any of the following areas:

- * Helping in youth classes during Meeting for Worship.
- * Helping inspect and weigh bottle caps, which will be made into a bench
- * Helping with advertising and administrative duties for the 30 Hour Famine
- * Be a Greeter on Sunday



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American Red Cross

Together, we can save a life

Thank you for your participation in the recent American Red Cross blood drive held at First Friends. Our goal was to collect 31 units of blood during the drive. We came close and collected 28 units.

There were 53 available appointments to choose from and of those, we filled 30 appointment slots. Of the 30 appointments made, 26 people presented themselves at the blood drive. Two people gave double red blood cell donations.

Every two seconds someone in the U.S. needs blood. It is essential for surgeries, cancer treatment, chronic illnesses, and traumatic injuries. Whether a patient receives whole blood, red cells, platelets or plasma, this lifesaving care starts with one person making a generous donation. Approximately 36,000 units of [red blood cells](#) are needed every day in the U.S. A single car accident victim can require as many as 100 pints of blood

The Red Cross provides about 40% of our nation's blood and blood components, all from generous volunteer donors. But supply can't always meet demand because **only about 3% of age-eligible people donate blood yearly**. Each new donor helps us meet patient needs. Type O negative red cells can be given to patients of all blood types. Because only 7% of people in the U.S. are type O negative, it's always in great demand and often in short supply.

Our next blood drive will be held on **March 5th., Noon-6:00 pm**. Appointments can be made on www.redcrossblood.org or by calling 1-800-733-2767



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OUTREACH COMMITTEE

The Jan. 26th. Outreach Committee meeting is **cancelled**.

There will be no meeting in January.

*Every morning
lean thine arms awhile
Upon the windowsill of heaven
And gaze upon thy Lord.
Then, with the vision
in thy heart,
Turn strong to meet thy day.*

—Thomas Blake



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