



“The mere whisper of the Holy Spirit can drown out the thundering noise of an entire world.”
 — David Jeremiah

Quiet prayer time is at 7:00 am and 9:00 pm. If you pray at these times, you will know that other Quakers are also praying at these same times. “Be still and know.”



There are many ways to safely keep In touch with friends and neighbors, letters and greeting cards, phone calls, emails, text messages, face time, instant messaging, Skype, and lifting others in prayer. Love your neighbor by safely keeping connected and checking on others in a safe way.



*Lord, help me be your heart today,
 providing hope for those who stray.
 Lord, help me be your love today,
 displaying grace in every way.
 Lord, help me be your Word today,
 proclaiming good when all is gray.*

— MaryAnn Sundby



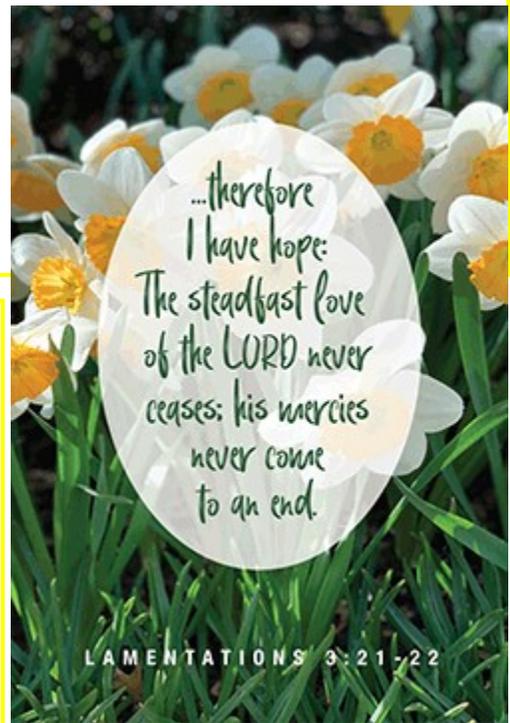
“Words which do not give the light of Christ increase the darkness.”
 -Mother Teresa

Daffodil Hope

In Lisa Genova’s novel *Love Anthony*, Olivia lives on Nantucket Island, where winter is long but daffodils bloom even while it’s still cold. In one scene, she watches the flowers “shivering in the wind, impossibly bright and fragile and brave against the cold grayness.”

Struggling with deep grief, Olivia finds hope in the bright yellow blooms after a long, bleak winter. She embraces the daffodil as a sign that summer will come again — and that “life will return to her as well.”

In Christ, God gives us hope that sometimes appears vibrant against the gray-ness of earthly life. We cling to it because we’ve seen the promise made good before — winter yielding to summer, a new beginning granted — and we trust that new life will return to us, as well.



Susan Block

Mendy Boyle

Mary Gang

Dolly Kellar

Bea McMurtrey

Liz Nielander



Cheryl Sanford

Dan Sheridan

Alec Wessendorf

Walt Wessendorf

Emily West

Please keep these friends in your prayers

Friends,

I am now working from home. Greg Smith and his son converted our shed/garage into a studio space for Jessica a couple of years ago. Since then, Jessica has outgrown the space, but it has made a perfect spot to do my work.

In the back of this small space there is a giant picture window that overlooks a part of the walking trail and the wildcat creek. I am looking out that window now as I write this.

The studio is up on a hill and on that hill there were weeds and small, baby trees springing up all over the place. And, I was able to see some wildlife but my view was blocked by those pesky weeds.

Because of this quarantine, we had an opportunity to clear out the weeds and little tree sprouts from the hill. And now, I can see. I can see so much more clearly. I see the same runners routinely every morning, people walking their dogs, families getting some much needed time away from their home. And the wildlife! I've witnessed squirrels playing, sparrows, a male and female cardinal helping each other find food, a bright blue bird (not a blue jay) that I see daily, robins, geese and ducks swimming in the creek, chipmunks, muskrats, and I even saw a red fox!

And to think, before we cleared the brush, I was missing out on all of that wildlife and people watching! It was happening right in front of me, but I couldn't see it!

I also have had many other 'weeds' cleared from my life. There are many things I was pursuing and spending time on pre-quarantine that I now realize were not important. They were actually preventing me from enjoying all of the blessings around me.

It is the quarantine that placed me in this chair looking out this giant window, and it is the quarantine that allowed us the time to clear the brush. And it is the quarantine that forced me to stop wasting my energy on the things that are not important and to clear the weeds from my own life so that I could see more clearly.

This time stuck at home is tough, and there are many negative things happening in our world right now. But even in these tough times, there are good things that are happening.

Are there weeds in your life that are preventing you from seeing the blessings all around you?

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus." -1 Thessalonians 5:16-18

Grace and Peace, Jon

